

# ABOUT EXAM

## HOW TO APPLY

Candidates are required to apply online by using the website [upsconline.nic.in](https://upsconline.nic.in).

## ELIGIBILITY

<b>Nationality</b>	<p>A candidate must be unmarried male/female and must be:</p> <ol style="list-style-type: none"> <li>i. a citizen of India</li> <li>ii. a subject of Nepal</li> <li>iii. a person of Indian origin who has migrated from Pakistan, Burma, Sri Lanka and East African Countries of Kenya, Uganda, the United Republic of Tanzania, Zambia, Malawi, Zaire and Ethiopia or Vietnam with the intention of permanently settling in India.</li> </ol> <ul style="list-style-type: none"> <li>• Provided that a candidate belonging to categories (ii) and (iii), above shall be a person in whose favour a certificate of eligibility has been issued by the Government of India.</li> <li>• Certificate of eligibility will not, however, be necessary in the case of candidates who are Gorkha subjects of Nepal.</li> </ul>
<b>Age Limits and Marital Status</b>	Only unmarried male/female candidates born not earlier than 02nd July, 2004 and not later than 1st July, 2007 are eligible.
<b>Educational Qualifications</b>	<ol style="list-style-type: none"> <li><b>1. For Army Wing of National Defence Academy :</b> 12th Class pass of the 10+2 pattern of School Education or equivalent examination conducted by a State Education Board or a University.</li> <li><b>2. For Air Force and Naval Wings of National Defence Academy and for the 10+2 Cadet Entry Scheme at the Indian Naval Academy :</b> 12th Class pass with Physics, Chemistry and Mathematics of the 10+2 pattern of School Education or equivalent conducted by a State Education Board or a University.</li> </ol>
<b>Physical Standards</b>	<ol style="list-style-type: none"> <li>1. Candidates must be physically fit according to physical standards for admission to National Defence Academy and Naval Academy Examination (I), 2023 as per guidelines given in Appendix-IV.</li> <li>2. A candidate who has resigned or withdrawn on disciplinary grounds from any of the training academies of Armed Forces is not eligible to apply.</li> </ol>

## NOTES FOR MALE CANDIDATES

- (a) The minimum and maximum weight for height will be standard for all categories of personnel. Candidates with weight below the minimum specified will not be accepted.
- (b) Male candidates with weight higher than specified will be acceptable only in exceptional circumstances in case of candidates with documented evidence of body building, wrestling, boxing or muscular build. In such cases, the following criteria are to be met :-
  - i. Body Mass Index should not be more than 25.
  - ii. Waist : Hip Ratio less than 0.9.
  - iii. All biochemical parameters such as blood sugar Fasting and Post Prandial, blood urea, creatinine, cholesterol, HbA1C%, etc are within normal limits. 50
- (c) The fitness can only be given by a Medical Specialist.
- (d) The minimum acceptable height is 157 cms. However, relaxation in height is permissible to candidates holding domicile of areas as mentioned below and talented sports male candidates:

CATEGORY	MINIMUM HEIGHT FOR MALE CANDIDATES
Tribals from Ladhakh Region	155 Cm
Andaman & Nicobar, Lakshdweep and Minicoy Islands	155 Cm
Gorkhas, Nepali, Assamese, Garhwali, Kumaoni and Uttarakhand	152 Cm
Bhutan, Sikkim & North East Region	152 Cm
Extra talented sports candidates	155 Cm

### NOTES FOR FEMALE CANDIDATES

- (a) The minimum and maximum weight for height will be standard for all categories of personnel. Candidates with weight below the minimum specified will not be accepted.
- (b) Candidates with weight higher than specified will be acceptable only in exceptional circumstances in case of candidates with documented evidence of body building, Wrestling, boxing or muscular build. In such cases, the following criteria are to be met :
- Body Mass Index should not be more than 25.
  - Waist : Hip Ratio less than 0.8 for female.
  - All biochemical parameters such as blood sugar Fasting and Post Prandial, blood urea, creatinine, cholesterol, HbA1C%, etc are within normal limits.
- (c) The fitness can only be given by a Medical Specialist.
- (d) The minimum acceptable height for female Candidates is 152 cms. However, relaxation in height is permissible to candidates holding domicile of areas as mentioned below:

CATEGORY	MINIMUM HEIGHT FOR FEMALE CANDIDATES
Tribals from Ladhakh Region	150 Cm
Aandaman& Nicobar, Lakshdweep and Minicoy Islands	150 Cm
Gorkhas, Nepali, Assamese, Garhwali, Kumaoni and Uttarakhand	147 Cm
Bhutan, Sikkim &North East Region	147 Cm